

Northwest Highlands

Including Sutherland, Ben Wyvis, Wester Ross, The Cuillin, Glen Affric, Glen Shiel and Knoydart
Forecast valid from 06:00 on Wednesday 31 May 2023 until 23:59 on Thursday 01 Jun 2023

Forecast Issued on Wednesday 31 May 2023 at 03:26 by Met Office Aberdeen

Confidence: High for dry, settled and often sunny conditions. Medium for cloud details from Friday.

Headline for Wednesday 31 May 2023: Dry, sunny and warm, but early low cloud in some areas.

Mountain weather hazards on Wednesday 31 May 2023

Blizzards

No Likelihood

Gales

No Likelihood

Thunderstorms

No Likelihood

Heavy persistent snow

No Likelihood

Severe chill effect

No Likelihood

Heavy persistent rain

No Likelihood

Storm force winds

No Likelihood

Poor visibility

Low Likelihood

Strong sunlight

High Likelihood

Weather and chance of precipitation at 800m					
Time					
06:00	09:00	12:00	15:00	18:00	21:00
					
Sunny intervals	Sunny	Sunny	Sunny	Sunny	Sunny
Precipitation probability					
00%	00%	00%	00%	00%	00%

Forecast for Wednesday 31 May 2023

Weather: Low cloud and mist could become extensive across Assynt and the Ben Wyvis area, although the higher summits should remain clear, soon clearing to leave a dry, warm and sunny day. However, the low cloud could nudge back into the north late in the day

Chance of cloud-free hill tops above 800m: 90%, any early cloud mainly below 800m.

Low cloud and visibility: Often no significant cloud in the south, but occasional or extensive cloud at first in the north, base 200 to 500m, but higher summits should remain clear due to a temperature inversion. Visibility good or very good, except in any early cloud.

Forecast for Wednesday 31 May 2023

Height (m)	Wind Speed mean/gusts (mph)				Wind Direction (blowing from)		
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	6/7 N	7/10 N	9/13 N	10/14 N	12/16 N	8/11 N	5/8 N
900	5/6 N	7/10 N	9/13 N	10/14 N	12/16 N	8/11 N	5/8 N
600	5/6 N	7/9 N	9/13 N	10/14 N	11/16 N	8/12 N	6/9 N
300	0/3 N	1/4 N	6/10 N	7/12 N	11/16 N	7/11 N	3/8 N
Glen	1/2 N	3/6 W	4/8 NW	8/13 NW	15/21 N	12/17 N	10/14 N

Height (m)	Temperature / Feels Like (°C)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	8/7	8/6	9/6	9/7	6/3	5/2	5/3
900	9/8	9/7	9/7	10/7	7/4	6/3	5/3
600	8/6	10/8	11/9	12/10	9/7	7/5	6/4
300	10/10	13/13	16/15	16/15	13/11	10/8	9/8
Glen	11/11	14/14	18/17	18/16	15/12	12/9	10/8
Freezing Level*	2900m	2800m	2500m	2500m	2500m	2300m	2300m

*Level above which ground is expected to be frozen/snow is expected to settle.

Met Office Aberdeen Meteorologist's View

Strong, warm sunshine giving the risk of sunburn and dehydration.

Forecast for Thursday 01 Jun 2023

Weather: Low cloud expected to become extensive overnight, but Torridon, Skye and Knoydart should be mainly clear. The low cloud and mist will clear by late-morning to leave another dry, warm and mainly sunny day. Some patches of fair weather cloud possible in the afternoon then clear skies later in the evening, although further low cloud could push into the north of the area.

Maximum wind: Variable 10mph.

Chance of cloud-free hill tops above 800m: 50% becoming 90% by the afternoon.

Low cloud and visibility: Occasional or extensive cloud at first, base 200 to 500m, lifting and clearing by afternoon. The temperature inversion should be low enough for the highest summits, probably above 900m, to remain cloud free throughout. Visibility good or very good, but moderate to very poor in early low cloud.

Temperature: **Glens:** Plus 6 Celsius rising to 21 Celsius in the afternoon
At 800m: Plus 6 Celsius rising to 12 Celsius in the afternoon
Freezing level: Well above the summits.